

Work more-Produce more-Save more-

But we can't continue increasing our production unless we continue increasing our railroad facilities.

The farms, mines and factories cannot increase their output beyond the capacity of the railroads to haul their products.

Railroads are now near the peak of their carrying capacity.

Without railroad expansion-more engines, more cars, more tracks, more terminals-there can be little increase in production.

But this country of ours is going to keep right on growing-and the railroads must grow with it.

To command in the investment markets the flow of new capital to expand railroad facilities - and so increase production there must be public confidence in the future earning power of railroads.

The nation's business can grow only as fast as the railroads grow.

This advertisement is published by the Association of Railway Executives.

Those desiring information concerning the railroad situation may obtain literature by a sting to the Armoration of Railway Executives, 61 Broadway, New York.

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JUDGING CATTLE

WHAT CREAMERIES ARE PAYING FOR CREAM

The following prices were paid by Tennessee's co-operative creameries for butterfat, delivered during Octo-

Frankila County Co-operative Chapel Hill Co-operative Robertson County Co-opera-

Wilson County Co-operative Creamery74 Bedford County Co-operative

Butherford County Co-opera-

The co-operative creamery insures the highest possible price for butterfat fair and honest treatment and absolute satisfaction to the patron. If pur county agent?

WALT MASON "ON THE DAIRY COW"

The dairy cow's a thing of charm; she lifts the mortgage from the farm, Where'er the dairy cow is queen, a country prosperous is seen, and dalrymen, in joyful ranks, are packing bullion to the banks. Why plug along the old sad way, producing nutmetgs, corn and hay, and putting up a bankrupt wall if one year's crop should chance to fail? There is a better method now-the method of the dairy cow; this critter always carns her keep, and piles up riches while you sleep, and pays the taxes and the rents; and here in Tennessee, gents. we have the climate and the feed, and all conditions dairies need. So let us boost the dairy cow, which beats the eream from as many as 400 cows is old breech-loading plow; the Holstein available in your community, why not and the Jersey, too, as smooth as any investigate the possibility of organiz- cow in view. Let's talk up dairies, ing a co-operative creamery by seeing milk and cream, the safest money making scheme.

JOHN WHITE & CO. LOUISVILLE, KY. Liberal assortment and full value paid

A RAT BREEDS 6 to 10 A AVERAGING TEN YOUNG TO A LITTER

Remember this, act as soon as you see the first rrt. Get a pkg. of EAT-SNAP. It's a sure rat and mize de stroyer. It's convenient, comes in cake form, to mixing. Mummifies rat after killing-leaves no smell. Cats or dogs won't touch it. Three sizes, 25c, 50c, \$1,00. Sold and guaranteed by M. P. Bailey & Son, Quarles & Mc-Cawley, Anderson & Haile, Gaines-



M. SABEL & SONS to hear a Louisville, Ky.

NON-RESIDENT NOTICE.

J. L. Halfacre

E. C. Ragiand et al Chancery Court att Gamesboro,

It appearing from the bill filed in this cause, which is sworn to, that the Detendents E. C. Ragland and the First National Rank of Talequa, State of Oklahama, with D. O. Scott, as its president are none idents of the State of Tennessee, and cannot be served with the ordinary process of law;

It is ordered that said Defendants enter their appearance herein, before the Cler and Master, at his office in the courthouse in Gamesbore, Term, on or before the 1st Monday in February 1920, next, and plead, answer, or demur to Comptainant, s bill, or the same will be taken for confessed as to them and set for hearing ex parte; and that a copy of this order be published for four consecutive weeks in the Jackson County Sentinel, a newspaper published in Gaineshore, Tenn.

This 26th day or Dec, 1919. W. F. Sadler, Clerk and Master Haile & Page, Solicitors for Complainant.

NON-RESIDENT NOTICE.

John H. Howell

John Gipson et at In Chancery Court at Gainesboro,

It appearing from the bill filed in this cause, which is sworn to, that the Defendant John Gipson, is temporarily out of the State of Tennessee, and cannot be served with the ordinary process of law;

It is ordered that said Defendant enter his appearance herein, before the Clerk and Master, at his office in the courthouse in Gainesboro, Tenn. on or before the first Monday in Februars 1920, next, and plead, answer, or demur to Complainant's bill, or the same will be taken for confessed as to him, and set for hearing ex parte; and that a copy of this rder be published for four consecutive weeks in the Jackson County Sentinel, a newspaper published in Gainesboro, Tenn.

This 24th day of December, 1919. W. E. Sadler, Clerk and Master. Haile & Anderson Solicitors for Com-

plainant.

WHOLE SYSTEM **RUN-DOWN**

Quick Improvement is Noted After A Few Doses of ZIRON Iron Tenle.

Increase in appetite, the coming back of strength, disappearance of headaches and other fils, are a few of the many good results obtained from the use of a new remedy (Ziron Iron Tonic). Mr. Sim Grimsley, of Cordele, Ga.,

tried Ziron and has this to say: When I began to take Ziron, it seemed that my whole system was run-down, but soon after I began to take Ziron, could eat more each day and would feel a great deal better. Ever since it seems that my health has been improving, as seldom have the headache or leel bad

the least bit. Ziron is a new scientific combination of pure medicinal inorganic fron, combined with phosphorus, the active principle of nux vomica and the hypophosphites of lime and soda. It will help to add more red corpuscles to your blood, resulting in more color in your cheeksmore vitality in your system. Try Ziron today; on the money-back

Your Blood Needs

Three Doctors Return From America to Begin Active Health Campaign Among Women.

Women's Part of Chinese Health Campaign as Part of World

As a result of the Y. W. C. A. Interastional Conference of Women Paysteians, held during September and October, Chinese women are to have a far reaching health program.

Dr. Ida Kahn, Dr. Li Bi-Co and Dr. three of China's half hundred



HIR IDA KAHN URGES CHINESE WOMEN TO WORK

conference, are to take an active part n promoting this health program for romen which will be the share of the E. W. Q. A. in the big health morepent to China.

The funds for establishing these health centers, for demonstrations of how to care for bables, for health pensaries and for a general educational campaign, will be raised by the American Y. W. C. A. as part of its program of world service for women and girls in 1920.

Dr. Ida Kahn, in a recent appeal to nodern Chinese women said, "Let our women of education in Peking and elsewhere gather themselves together to work for the schools, Red Cross and Y. W. C. A., and everything else which bespeaks the betterment of the country, instead of staying at home to play poker and 'sparrow,' and going out to attend endless dinners, tea parties and dances

"Let us rally our forces and help the ship of state to move safely. One person cannot accomplish much, but one or two hundred millions of women can work wonders. Let us go back to a more Spartan-like simplicity of living and let us build up social service until every city in China is sanitary, every section of the town has its proper schools, and every child, whether boy or girl, is sent to such schools. True social service brings democracy in its rain, and we who are citizens of a new republic can help to make it truly great by preaching and living democ many all the time. Why not learn to do our household duties, deeming it effeminate to be walted upon by maid and sinve girls all the time?

"The status of women in China, while leaving much to be desired, still is quite hopeful when we consider that she is just emerging into the sis terhood of the nations. Our men can depend upon us to bear the burdens of the day, for nowhere is there a more industrious, diligent and persevering womanhood than in China.

Dr. Kahn is lecturing in this coun try on the needs of her fellow country women, in the interests of the Y. W. A. Educational Campalen which plans to acquaint people with nit phases of Y. W. C. A. work in the United States, South America, China. Japan, India and Europe. This educa ional compaign will be followed by an active effort to raise the \$3,000,000 moded for service for women through-

CHINESE WOMEN HAVE FINANCIAL ABILITY.

They Carried Y. W. C. A. Campaign "Over the Top."

Much has been said about the honesty and skill of the Chinese business man. The world has neglected to mention the financial ability of Chinese women. They proved this ability in the last financial campaign of the Y. W. C. A. in Tientsin,

Ordinarily three weeks are allowed in which to raise the budget by subscription after the finance committee has decided upon the sum necessary to carry on the work of the coming year. The Tientsin campaign was carried on entirely by Chinese wemen and broke all records by going over the



BEST COFFEE FOR

Coffee users want the best Coffee that money can buy, and that's what they get when buying

CAPITOL BLEND COFFEE

It is carefully selected from the best coffee grown, and has no superior. Comes 1 and 3 pound cans. In each 3 pound can is 5 cent coupan, redeemable by your grocerman. Try one can and if not pleased after using it you can keep the coupon, return the empty can and your money will be refunded. It cost no more than the other blends of coffee, but the QUALITY is BETTER.

For sale by the following merchants:

Dycus Mercantile Co., and P. P. Cassetty, Dycus Smith Bros., Defeated R-1, A. M. Hall & Sons, Whitleyville.

> Ask your Merchant for a can of CAPITAL BLEND and TAKE NO OTHER.

Phillips, Trawick Co. Nashville, Tenn., Distributors

NOTICE

To Tax Payers

I will be at the following places for the purpose of collecting 1919 taxes on the dates given below

1	1919 taxes on the dates given below.	- 3	
	11 District, Flynn's Lick, Wednesday	nuar	y 7
	5 District, Granville, Thursday,	**	8
	14 District, W. M. Boyd's store, Friday, 9 a. m.,	16	9
	I4 District, Smith Bros.'s store, ' 1 p. m.,	**	9
	3 District, Dyeus, Saturday,	**	10
	13 District, Whitleyville, Tuesday,	1	13
	4 District, North Springs, Wednesday,	**	14
	4 District, Haydenburg, Thursday,	**	15
1	2 District, McCawley Bros. store, Friday,	**	16
	1 District, Gaineboro, Saturday.	4.6	17
1	12 District, J. W. Chaffln's store, Tuesday,	*	20
•	7 District, Brown & Davidson store, Wednesday,	1	21
	10 District, Cummins Mill, Thursday,	- 10	22
•	9 District, Ransom & Hawkins store, Friday,	**	23
	6 District, Burristown, Tuesday,	**	27
9			28
	15 District, Dodson store, Thursday,	-	29

Everybody is asked to come out and pay their taxes, as I will only make one trip around. Penalty goes March 1, 1920.

H. J. Lynch, Trustee

Exide Batteries

PARKARAKANA KANARAKANA

Cost most to buy, but LEAST to UsE

If you'don't want battery trouble Buy an EXIDE

CHEAP BATTERIESTARE TROUBLE BREEDERS You are entitled to our FREE Service and distilled water, whatever make of battery you have.

City Sarage

"Exide" Service Station

COOKEVILLE. TENN.

Battery Changing and Repairing, Auto Welding, Carbon Burning, Starter-Generator Repairing.